INfancy Onward News & Updates





DATES TO REMEMBER:

- <u>IECMH Endorsement® renewals</u> are due no later than December 31, 2024! To remain actively endorsed, you must have a current membership and renew via attestation in EASy. Please watch <u>this video demonstration</u> and follow the steps on the next page.
- Infant/Early Childhood Mental Health Specialist (I/EMHS) Endorsement application requirement revisions go into effect January 1, 2025. Review the new requirements here.
- All reflective supervision/consultation (RSC) hours earned from January 1, 2025 forward must come from someone with an Endorsed Reflective Supervisor (ERS) add-on or a Mental Health Mentor Clinical Endorsement.
- Planning is underway for north and south Indiana IECMH Summits to be offered in quarter one of 2025, more details to come.



IN MEMORIAM





We mourn the loss and celebrate the life of INfancy Onward endorsed reflective consultant, Michelle Korty, LCSW, IMH-E®, who passed away on October 25th, 2024.

Michelle was a fierce child and family advocate who worked tirelessly to serve her community and the IECMH workforce across Indiana. Her spirit will continue to shine through the lives she touched along the way.

If you are an employee of a regulated, Indiana-based early childhood education or out-of-school care program, you, your household family members, and your dependents, can access the following mental health supports for free:

<u>Build, Learn, Grow Building Wellness</u> is an employee assistance program (EAP) and <u>Calm</u> is a mental health app. Click the corresponding links to sign up.



NEWS:

- 49 new Endorsements and 11 Endorsed Reflective Supervisor add-ons were earned in 2024!
- Mandy Kinnaird MSW, LCSW, IMH-E[®] will be awarded the 2024 Heroes for Recovery
 "Advocate of the Year" Award representing INfancy Onward during the sold-out 2024 Mental
 Health America of Indiana Symposium on Friday, December 13, 2024
- INfancy Onward celebrates 25 years in 2025!



PROFESSIONAL DEVELOPMENT OPPORTUNITIES

We love to work with caregivers and educators and help them to grow, improve their practice, and be reflective in their vital work. How can we help YOU? There are many topics that we can cover and would love to work with your site or group to plan something!

Just a sampling of trainings we currently offer:

- Adverse Childhood Experiences (ACES).
- Trauma-informed and trauma-responsive care
- Promoting social emotional learning and development
- Handling big emotions in children
- Self-care
- Relationships and attachment
- · Perinatal mental health





FAMILY ENGAGEMENT SUPPORT





Are you struggling to create a culture of welcome and belonging at your program? Is it challenging to engage your families in activities, meetings, and events? How are those difficult conversations going with families whose children have potential developmental delays or behavior issues? We would love to help!

Is there an active early childhood coalition or group in your area? We would love to speak to them about infant and early childhood mental health and growing resilient communities.

Contact Anne Gabbert at agabbert@mhai.net for more information!

2024 ENDORSEMENT RENEWAL

If you earned an Endorsement before 2024, you will need to complete renewal for that Endorsement by December 31, 2024 in order to remain actively endorsed.

- 1. Login to EASy https://infancy-onward.myeasy.org/
- 2. Select "Renew Endorsement" for each Endorsement you wish to keep active. Consider archiving any old Endorsements you no longer need.
- 3. Select each met requirement.
- 4. Click "Attest."
- 5. Pay membership fee. Consider discounted multi-year membership options.
- 6. Please email Endorsement@infancyonward.org for additional support or register to attend our last Endorsement office hour of 2024 on Thursday, December 19 at 12:30pm EST. After registering, you will receive a confirmation email containing information about joining the meeting.

Annual Endorsement renewal requirements are as follows:

- Maintain a membership with INfancy Onward
- Participate in a minimum of 15 clock hours of training per year, pertaining to the promotion of social-emotional development and/or the practice of IECMH (must have been completed in 2024)
 - At least 1 hour must be on diversity, equity, and inclusion in the field
 - Endorsed Reflective Supervisors (ERS add-on) and I/ECMHM Clinical endorsees must include a minimum of 3 hours of training on the provision of Reflective Supervision/Consultation (RSC)
 - Visit our <u>Training pages</u> on our website for more training opportunities
 - Login to our <u>Members Area</u> for member exclusive access to our recorded trainings
 - It is important to note that up to 50% of the professionals training hours may come from time spent providing training to others and/or hours spent volunteering to support an AIMHs Endorsement capacity growth as approved by INfancy Onward's Endorsement Coordinator. (i.e., 15 hours of in-service training is required annually, meaning you can use up to 7.5 hours of time spent doing any combination of these other activities)
- Participate in a minimum of 12 hours of reflective supervision/consultation (RSC) each
 year (I/ECFS, I/ECMHS & I/ECMHM Clinical only) from a qualifying endorsed provider. To
 count towards Endorsement renewal the (minimum) 12 hours of RSC should be over the
 course of at least 6-months, but not more than 12-months
 - To get setup with a virtual RC group, please email Endorsement@infancyonward.org







